

Health and Safety Officer

Walk the site, find what will hurt someone, and get it fixed before it does. A diploma plus experience.

TYPICAL PAY

\$85,000

a year, full time

PAY RANGE

\$49k to \$127k

starting to experienced

TIME TO QUALIFY

2 to 6 years

after high school

DEMAND

Good

job outlook

LICENCE NEEDED

No

anyone can do it

WHERE YOU WORK

**Construction sites, factories,
mines, hospitals, government insp...**

How you get there

- 1 High school** Grades 11 and 12
Grade 12 English, math and a science. Averages in the 60s and 70s are usually enough for a college program.
- 2 Pick a route**
Route one: a two-year college diploma in occupational health and safety. Route two: finish a trade or work a few years in industry, then add safety training part time. Employers respect both.
- 3 Entry job** 1 to 3 years
Site safety coordinator, safety administrator or junior advisor. You will be the youngest person on site telling experienced workers to fix something.
- 4 Build the hours** About 4 years
Certification bodies count years of real safety work, not classroom time.
- 5 Certify** After about 4 years of experience
Apply for the CRSP (Canadian Registered Safety Professional) designation and pass its exam. It is the credential most Canadian job postings name.

Pros and cons

- + Pay well above most two-year diploma jobs
- + Work in every industry, in every province
- + Mix of office, training and time on site
- You are often the least popular person on site
- A lot of documentation, and it has to be perfect
- You may attend serious injuries or a death, and then relive it in the investigation

Good to know

Roughly a thousand Canadians die from work each year

Workers compensation boards across Canada accept close to a thousand work-related death claims a year, counting both sudden incidents and long-term illness from exposures like asbestos. Reduci...

Every Canadian worker has three rights

The right to know about hazards, the right to participate in safety decisions, and the right to refuse unsafe work. Those three run through every provincial safety law, and enforcing them is a large par...

Optional boosts

CRSP (Canadian Registered Safety Professional) certification. A trade ticket. Industrial hygiene. Mining, oil and gas.

Where these numbers come from

Job Bank: Health and safety officer, wages (updated Nov 2025)
Board of Canadian Registered Safety Professionals
alis Alberta: Occupational Health and Safety Officer occupational profile
Canadian Centre for Occupational Health and Safety

Numbers checked September 2026. Pay figures are typical full-time annual amounts in Canadian dollars, based on Government of Canada Job Bank wage data and published salary grids. They vary by province, employer and experience. Tuition is for domestic students. Sources, links and the click-through version: <https://career.help/ca/careers/health-and-safety-officer>



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