

Endocrinologist

The hormone doctor. Diabetes, thyroid and bone, mostly clinic hours, five years of residency after medical school.

TYPICAL PAY

\$300,000

a year, full time

PAY RANGE

\$220k to \$400k

starting to experienced

TIME TO QUALIFY

11 to 13 years

after high school

DEMAND

Very high

job outlook

LICENCE NEEDED

Yes

regulated job

WHERE YOU WORK

Hospital clinics, diabetes centres, private offices, academic centres

How you get there

- 1 High school** Grades 11 and 12
Top marks in biology, chemistry, math and English. You need a very high average for a science undergrad.
- 2 Bachelor's degree** 3 to 4 years
Any major works. Keep a GPA (grade point average) above 3.8, volunteer, do research. Write the MCAT (medical school admission test).
- 3 Medical school, the MD (doctor of medicine)** 3 to 4 years
Acceptance rates are 5% to 15%. Classes, then clinical rotations.
- 4 Internal medicine residency** 3 years
Matched through CaRMS (the residency matching service). Hospital wards, the ICU (intensive care unit) and clinics. In year 3 you apply to the subspecialty match.
- 5 Endocrinology residency, then certification** 2 years
Diabetes clinics, thyroid, bone, pituitary and adrenal disease, and hospital consults for sugar control. Pass the Royal College exams to become FRCPC (Fellow of the Royal College of Physicians of Canada) and register with your provincial College of Physicians and Surgeons.

Pros and cons

- + Regular hours and almost no overnight call
- + Diabetes is everywhere, so every city needs you
- + Deep, years-long relationships with patients
- Among the lower-paid internal medicine subspecialties
- Thirteen years of training for a clinic job
- Slow progress: many patients never hit their targets

Good to know

Insulin was discovered in Toronto

In 1921 and 1922, Frederick Banting and Charles Best, working in a University of Toronto lab with John Macleod and James Collip, isolated insulin and gave it to the first diabetic patient. Before that, type 1 dia...

Nearly 4 million Canadians

About 3.9 million people in Canada live with diagnosed diabetes, close to 1 in 10, according to the Public Health Agency of Canada. Diabetes Canada says someone new is diagnosed every 3 minutes.

Optional boosts

Diabetes technology. Thyroid and thyroid cancer. Pediatric endocrinology. Transgender care and reproductive hormones.

Where these numbers come from

Job Bank: Endocrinologist, wages (updated Nov 2025)
Royal College of Physicians and Surgeons of Canada
CIHI: A profile of physicians in Canada, 2024 (payments)
Diabetes Canada

Numbers checked September 2026. Pay figures are typical full-time annual amounts in Canadian dollars, based on Government of Canada Job Bank wage data and published salary grids. They vary by province, employer and experience. Tuition is for domestic students. Sources, links and the click-through version: <https://career.help/ca/careers/endocrinologist>



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